



# ART VATIKA INSTITUTE

**One Stop Solution to all Your Cosmetic Needs**

<b>Material Name</b>	Palm Oil	<b>Batch No.</b>	PO5679124
<b>Purpose</b>	Approval	<b>Mfg Date</b>	Mar 2025
<b>Department</b>	Manufacturer	<b>Exp Date</b>	Mar 2026
<b>Country of Origin</b>	India		

## **NUTRITIONAL INFORMATION (APPROX. VALUES)**

<b>S. No.</b>	<b>Nutrients</b>	<b>Per 100 g</b>	<b>Per Serve % Contribution To RDA*</b>
1	Energy (kcal)	900	13.50
2	Protein (g)	0	-
3	Carbohydrate (g)	0	-
4	Total Sugars (g)	0	-
5	Added Sugars (g)	0	0
6	Total Fat (g)	100	44.77
7	Saturated Fat Not More Than (g)	45.45	61.98
8	Trans Fat Not More Than (g)	0	0
9	Monounsaturated Fatty Acid (g)	42.67	-

<b>10</b>	Polyunsaturated Fatty Acid (g)	11.87	-
<b>11</b>	Omega-3 Fatty Acid (g)	0	-
<b>12</b>	Omega-6 Fatty Acid (g)	0	-
<b>13</b>	Sodium (mg)	0	0

\*Per serve percentage (%) Contribution to RDA calculated on the basis of 2000 kcal Energy, 67 g Total Fat, 22 g Saturated Fat, 2 g Trans Fat, 50 g Added Sugar and 2000 mg of Sodium (5 g Salt) Requirement for Average Adult Per Day.

<b>Chemical Name :</b>	Palm oil comes from the fruit of the oil palm tree ( <b>Elaeis guineensis</b> )
	The chemical name for the fatty acid that gives palm oil its name is <b>Palmitic Acid</b> .

			<b>Approved By</b>

			
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